



6 things we can all start doing about climate change today

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Low Carbon West Oxford & Kids Climate Action
(KidsCAN)





Introduction

- Mim Saxl, Low Carbon West Oxford
- Session L.O.: Find out about 6 things we can all start trying to do today to look after our planet and prevent climate change



Session outline

- Introduction
- Climate vs weather – what's the difference?
- WHO can do something about climate change?
- WHAT we can do – 6 things
- Introducing the KidsCAN Climate Challenge
- Activity
- Sharing gallery



Question: What's the difference?

Climate	Weather



Question: What's the difference?

CLIMATE

Tells you what types of clothes to have in your closet



WEATHER

Tells you what to wear each day





Question: What's the difference?

Climate	Weather
<ul style="list-style-type: none">• Is the average weather over a longer time e.g. 30 years	<ul style="list-style-type: none">• Is the state of the atmosphere around us at a particular time
<ul style="list-style-type: none">• Takes a long time to change	<ul style="list-style-type: none">• Can change in minutes
<ul style="list-style-type: none">• Tells you what you need in your closet	<ul style="list-style-type: none">• Tells you what to wear each day



Has anyone noticed any
funny weather?



February 2019

UK weather: Hottest February day on record in Britain





June 2019

Freak summer hailstorm buries cars in Mexico's Guadalajara

At least six neighbourhoods woke to find their streets covered in ice pellets up to two metres deep



▲ Freak storm covers Guadalajara, Mexico, in layer of hail - video

France records all-time highest temperature of 45.9C



People cool off in the Trocadero fountains across from the Eiffel Tower in Paris, France, on June 24.

REUTERS/PHILIPPE WOJAZER



...the weather is weird, and scientists can show some of that is the result of the climate warming...

...and as the climate changes, we'll see more weird weather!



Question: WHO can do something about climate change?



WHO can do something about climate change?

There are a lot of powerful people who can make a difference.

A lot of them are adults.

And the good news is there are **lots** of adults working really hard on this problem.



WHO can do something about climate change?

But, if you want to, there are things

YOU

can do to help



Question: WHAT can we do?



Wondering what one little person - LIKE YOU! can do about...

CLIMATE CHANGE?

The good news is, grown ups are busy working on it. But, if you want to help out, there are lots of things we can ALL do.

Here are **6 THINGS** We can ALL start trying to do **TODAY**

A decorative border surrounds the central text, consisting of a dotted line and a series of colorful checkmarks (green, yellow, red, blue). Various icons are scattered around the central area, including a bicycle, an airplane, a lightbulb, trees, and a beach umbrella.



Our 6 areas of action:

- 1) How we travel
- 2) What we buy and how we treat our stuff
- 3) How we keep warm at home
- 4) How we treat the natural world around us
- 5) What we eat
- 6) How we talk to others about climate change



WALK & CYCLE MORE

And if you need to go far, share your journey

Cars produce a lot of carbon dioxide. We get happier and healthier when we walk and cycle too. If we share the car or use buses and trains, we pollute the world less.

WHY?

BUY LESS & LOOK AFTER WHAT YOU'VE GOT.

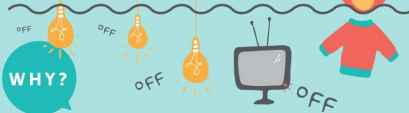


WHY?

A lot of modern things are made of oil. For example, all plastic and many of the clothes you wear come from oil products. But one day, the metal and oil will run out.

Think before you buy. Do you really need that new thing? It is better to mend things and swap or share with your friends than to throw them away and buy new.

TURN DOWN THE HEAT & PUT ON A JUMPER



WHY?

Heating houses produces a lot of carbon dioxide. If we feel cold, we can put on an extra jumper. We can also turn off the radiator and lights when we are not using a room, and turn the TV off standby when we are not watching it.

WHY?

WHY?

OFF

PROTECT NATURE & PLANT MORE TREES

That includes us!

WHY?

Many plants and animals could die because of climate change. We need trees because they suck in carbon dioxide and give out oxygen, which we need to breathe! Planting trees and looking after the animals around us that are struggling to live, like hedgehogs and swifts, is a good thing - and can be a lot of fun!

EAT LESS MEAT & DAIRY & BUY LOCAL FOOD



WHY?

In many parts of the world, people are cutting down or burning trees so that they can raise animals for meat. Also, cows, sheep and pigs burp and fart a lot. This produces methane, which is a powerful greenhouse gas! If we buy locally grown and locally produced food, it does not need to be brought to our supermarket by a polluting plane.

TALK ABOUT YOUR FEELINGS & TAKE ACTION

WHY?

WHY?

WHY?

A lot of us feel scared about climate change, as well as sometimes feeling sad, confused, excited... all sorts of feelings; so, talk to your families and friends about it. Maybe they'll want to make some changes too! You could make notices for the playground, ask your parents to walk you to school or write to your MP.





THE CLIMATE CHANGE CHALLENGE

Here are some things you might like to try



FIRST tick what you will try **THIS WEEK**.
NEXT WEEK, check how well you did.

Don't worry if you didn't! We can't do everything and you can always try again



	THIS WEEK	NEXT WEEK
ACTION	CAN YOU TRY TO DO THIS?	DID YOU MANAGE?
1. Cycle, walk or take the bus to school, instead of using a car		
2. Try a week without meat or at least a few days!		
3. Borrow something you need and don't have this week, or lend something to someone else so they don't have to buy		
4. Put on a jumper if you feel cold instead of turning up the heating - you could even ask if you could turn your heating down a little at home		
5. Enjoy nature in some way, like going for a walk in a park. Plant a seed, water it and watch it grow		
6. Talk about climate change to your family or friends - or write a letter to someone about it		



With someone next to you...

- Have a look at the 6 things
- Look at the Climate Challenge
- Chat about your own ideas & what you think you might try this week...
- When you're ready, tick some boxes in the first column
- Come back to the next column next week

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	THIS WEEK	NEXT WEEK
ACTION	CAN YOU TRY TO DO THIS?	DID YOU MANAGE?
1. Cycle, walk or take the bus to school, instead of using a car	<input checked="" type="checkbox"/>	<input type="checkbox"/>
2. Try a week without meat or at least a few days!	<input checked="" type="checkbox"/>	<input type="checkbox"/>
3. Borrow something you need and don't have this week, or lend something to someone else so they don't have to buy	<input checked="" type="checkbox"/>	<input type="checkbox"/>
4. Put on a jumper if you feel cold instead of turning up the heating - you could even ask if you could turn your heating down a little at home	<input checked="" type="checkbox"/>	<input type="checkbox"/>
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REMEMBER...

- Only tick column 1 today – column 2 is another time soon (e.g. next week)
- You don't need to do them all
- These are just ideas – you might have your own you prefer to try
- This is NOT a test! Don't worry if you don't manage to do what you tick...

Don't worry if you didn't! We can't do everything and you can always try again



Activity

- **DRAW A PICTURE**

- Something you love in the natural world
- You doing one of the six things this week e.g. riding your bike instead of driving to an after-school activity; eating a yummy meat-free sandwich

OR

- **WRITE A LETTER**

- To someone in our list of powerful people / to a friend of family member
- You could tell them what you feel about climate change, and what action you'd like them to take



Closing sharing gallery

Tidy up, leave your work on your desk if you are happy for others to look at it

Walk round to look at what others have made and share your thoughts



THANK YOU!

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